

# + Swimming at Barham



- Children receive paid swimming lessons in Year 4
- It is a statutory requirement. The government states in the national curriculum that primary aged children should be taught to:

*'swim competently, confidently and proficiently over a distance or up to at least 25 metres.'*

## How Parents and Guardians can help

- Visit your local Swimming Pool...IT'S GREAT FUN!
- Vale Farm Sports Centre, Wembley – our local pool
- Only £2.50 per child – with an accompanying adult
- Children under 5 years old go free!
- Vale Farm offer **CHEAP** weekly private lessons
- Children who start swimming early (**ideally Year 3**)  
**ACHIEVE 25 METRES CONFIDENTLY!**
- **REMEMBER** swimming is an **IMPORTANT LIFE SKILL!**



More information will come to you when your child

# + Swimming Information



- Vale Farm, Watford Rd, Wembley, 020 8908 6545

- Click the '**Parent**' tab on the school website, for more information on private lessons and General Advice / Health & Safety Advice for swimming from the **NHS**



- Help your child to **ACHIEVE 25 METRES CONFIDENTLY!**
- **REMEMBER** swimming is an **IMPORTANT LIFE SKILL!**

More information will come to you when your child is in year 4