



BARHAM PRIMARY NEWSLETTER

BARHAM PRIMARY NEWS SPRING EDITION

27TH FEBRUARY 2024

Dates for your Diary

Thursday 7th March - World Book Day 2024

*See link below for further information:

https://drive.google.com/file/d/1Hjbcil8j_WMTkf0de8GmTFVXM1IEIHOk/view?usp=sharing

10th March - Mother's Day

Thursday 28th March – Last day of term

Monday 15th April – Staff Inset Day

Tuesday 16th April – School open



Dear Parents and Carers,

As we step into the month of March, I am filled with a sense of gratitude for our wonderful school community. Despite the challenges we've faced, your unwavering support and dedication to your children's education has been truly inspiring.

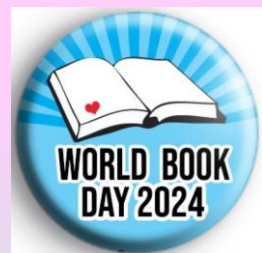
This month, we focused on celebrating kindness alongside mental health awareness through events such as Dress Happy Day and Safer Internet Day. Our children participated in various activities and discussions centered around the importance of empathy and understanding towards others as these values are essential to instill in our young learners, as they are the future leaders of tomorrow.

Additionally, I would like to thank you for attending parents evening last half term. This was a valuable opportunity for us to discuss your child's progress, goals, and any concerns you may have. Your active involvement in your child's education is paramount to their success, and we greatly appreciate your partnership in this journey.

Lastly, I want to express my heartfelt thanks to our dedicated staff for their hard work and commitment to providing quality education to our children. Together, we will continue to nurture and support every child as they strive for excellence.

Thank you for entrusting us with your children's education. Let's continue to make the upcoming months memorable, filled with kindness, learning, and growth.

Warm regards,
Mrs Thakore
Interim Head of School



Don't forget to dress up as your favourite book character!



Punctuality in school

Punctuality is the key to get success in life. A punctual and disciplined student always has a better chance of achieving in school. Please make an effort to arrive to class on time so that your children will not miss any part of the lesson.



Medical notice:

If your child's medical conditions have changed, please contact the front office so they can make our Welfare Team aware.



Book recommendation –
"Oh, the Places You'll Go" by Dr. Seuss
Mrs D'Souza

I have chosen this book as it was one of my favourites growing up. I love the rhymes and the colourful illustrations.

Although it is essentially a children's book, over the years I have given this book as a gift many times to young people, nieces and nephews and to my own children as they left home to go to university or set off travelling the world.

The book encourages seeking opportunities and taking risks and shows the wonderful places and people you can meet on your adventures.



Empowering Change: How Our School Council (Junior Leadership Team) is Making a Difference through community clean up! #changemakers

In a world where environmental issues are becoming increasingly urgent, it's crucial for communities, both big and small, to come together and take action. At our school, we believe in empowering our children to become active participants in creating positive change, and one way we're doing this is through clean up initiatives led by our school council.

With the guidance of dedicated teachers and staff, our JLT members have taken on the responsibility of organising and leading regular clean up sessions both within our school grounds and in the surrounding community. These sessions not only contribute to keeping our environment clean and beautiful but also serve as valuable learning experiences for our children.

Participating in clean up activities allows our children to develop a deeper understanding of the impact of pollution on the environment and wildlife and the importance of proper waste disposal. By witnessing firsthand the amount of litter that accumulates in our neighborhoods, they are motivated to take proactive steps to reduce their own waste and encourage others to do the same.

Moreover, our school council's efforts extend beyond just community clean up. They actively engage with their peers and community members to raise awareness about the importance of environmental stewardship. Through presentations, posters, and social media campaigns, they plan to highlight the detrimental effects of littering and advocate for responsible waste management practices.

By participating in global awareness campaigns such as Earth Day (22nd April), our school council members are not only making a difference locally but also contributing to a larger movement for positive environmental change. They understand that their actions, no matter how small, have the power to create ripple effects that inspire others to join the cause.

Furthermore, community clean up serves as a platform for fostering a sense of responsibility and civic duty among our students. By taking ownership of their environment and actively working to improve it, they develop important life skills such as teamwork, leadership, and problem-solving.

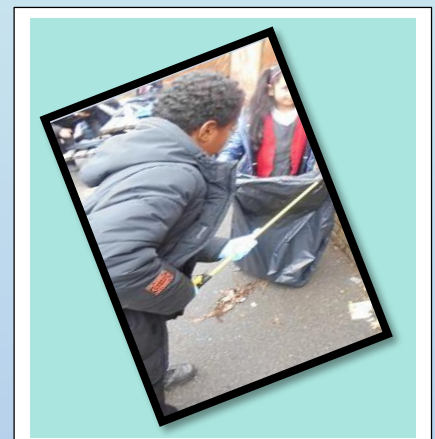
As educators, we are incredibly proud of the dedication and enthusiasm demonstrated by our school council members in their efforts to tackle littering and promote environmental sustainability. Their commitment to making a difference serves as a shining example of the impact that young people can have when they are empowered to take action.

In conclusion, our JLT's community clean up initiatives are not just about cleaning up trash; they are about fostering a sense of global citizenship and instilling in our students the belief that they have the power to shape a better future for themselves and generations to come. Together, we can make a difference, one piece of litter at a time.

When choosing our #changemakers project, our School Council (JLT) canvases the views of every child in the school and determines what action we can take to raise the profile of the Global Goals and help to achieve them.

The videos below explain the Global Goals and the impact the work done towards achieving them has already had on our world.

<https://m.youtube.com/watch?v=cBxN9E5f7pc&t=22s>



20 is plenty!

Children who read for
20 minutes a day...



Will have a world of
imagination & creativity
opened to them



Will have better
general knowledge



Will be exposed to 1.8
million words a year



Will improve critical
thinking skills



Will improve their
communication skills



Will have a broad
vocabulary



Will have reduced
stress levels



Will learn how to
develop empathy



Will improve their test
results





Healthy Eating Habits for Happy Kids




At Barham, we believe that fostering healthy habits in our children is crucial for their overall well-being and success. One of the most important habits we can instill in our children is the practice of healthy eating. As we all know, nutritious foods provide the essential fuel our bodies need to grow, develop, and thrive.


REMINDER:

Barham Primary School



We have been monitoring lunch boxes and would like to remind parents that the following things should not be included in your child's lunch box.




FIZZY & SUGARY DRINKS




CRISPS

 OR 

Chocolates OR Nutella Spread





Chocolate covered biscuits



Any Nuts, Bombay mix, Chevdo

Cakes and plain biscuits only once or twice a week as a treat but still as part of a balanced lunch box.

Cakes Plain Biscuits



Alperton Family Wellbeing Centre

The Alperton family Wellbeing Centre offers a wide range of services such as free creche facilities, health services, advice and support for parents and much more.

Register with us via "MY BRENT ACCOUNT" to access our services

Activities for January—March 2024 can be found here:

<https://drive.google.com/file/d/196kCJUx4xeTq0myYxxQBxeHaul7iq8YT/view?>

