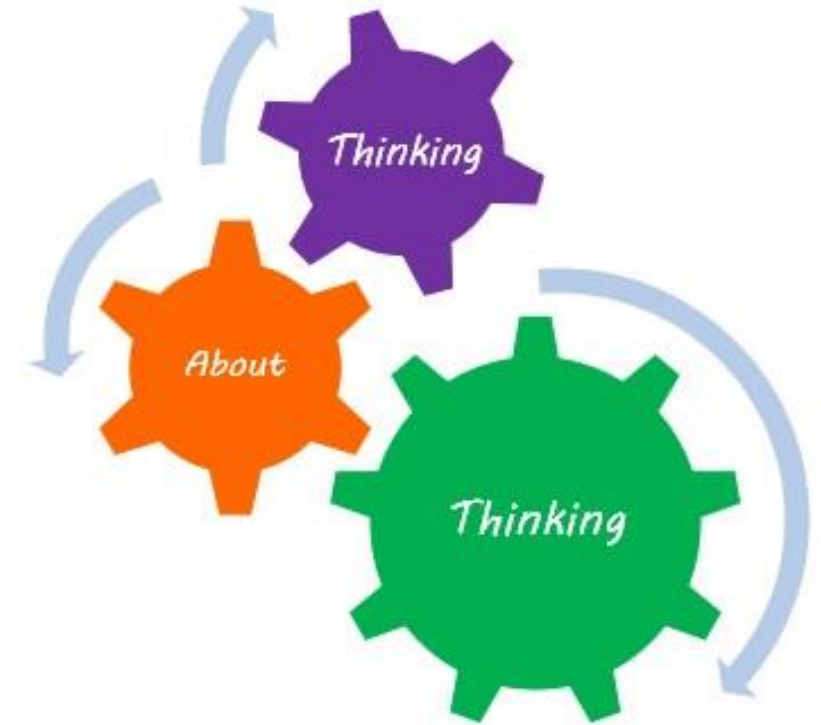


Metacognition Year One



What is Metacognition?

- Metacognition is a process. It helps you to take charge of the way that you learn in order to become better learners!
- Metacognition involves being aware of what you are doing and thinking about how you can up-level your learning.
- It will help you choose helpful strategies to aid learning (e.g. challenges, tasks, problems).



What are the benefits of metacognition?

Improves your decision-making

Improves your interactions with others

Helps to apply your learning to different contexts

How can you develop metacognition?

Before beginning a task	During a task	After a task
<ul style="list-style-type: none"> Listen carefully to the Learning Intention. 	Check your work against the Success Criteria.	Check my work against the Success Criteria.
Make sure I understand what I am being to do.	What am I proud of so far?	Identify what went well.
What do I need to include in my task to demonstrate that learning?	What can I do if I am stuck?	Remind myself what I need to do to improve next time.
What resources do I need to complete the task?	How can I improve what I have done so far?	Where can I apply what I have learnt elsewhere?
How does the learning link to what I already know?		



How will your teachers help you use metacognition?

- Set clear learning objectives and Success Criteria.
- Review previous learning.
- Encourage you to make links with previous learning and to your own experiences.
- Help to identify/address misconceptions.
- Mini-plenaries during the lesson.
- Time to reflect on progress during the lesson.
- Purple pen opportunities.
- Opportunity and time to compare/contrast learning with success criteria.
- Plenary at the end of the lesson to recap and reflect.