

People Who Help Us.



Reception Autumn timetable.

9:00am-9:30am PD- Movement

Try some of Joe Wicks' PE lessons.
Click the image to go to YouTube.

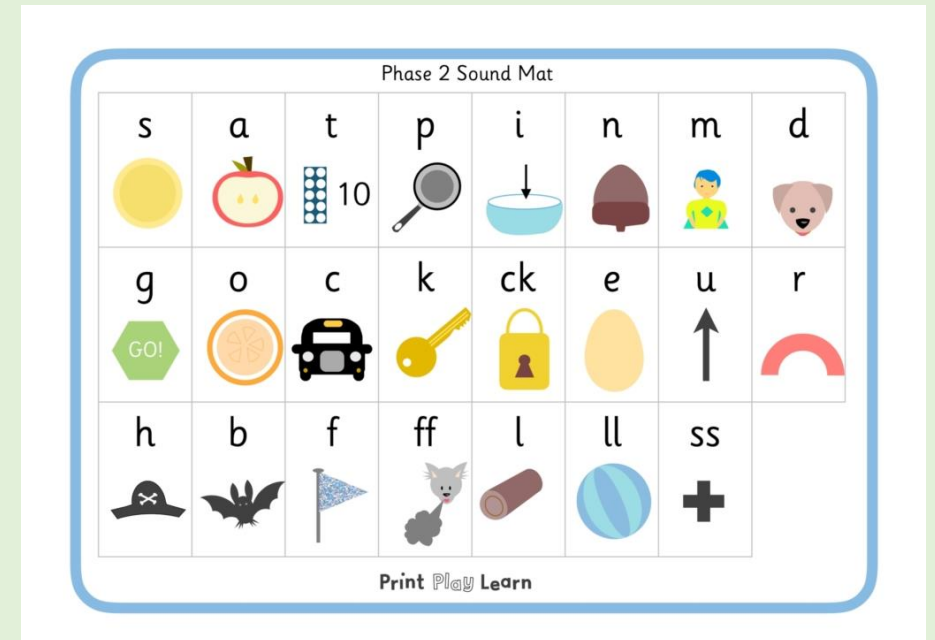


You could also do some other moving activities like dances, yoga or other easy exercises.



9:30am-10:00am Phonics

- 1. First, sing the alphabet.
- 2. Follow the attached phonics work given.
- 3. Practice writing the sounds and some words, don't forget your tricky words!



10:00am-10:30am
Snack time!



Wash your hands!



Try a new and
healthy snack.

Let's watch some videos about People who help Us.
Click the picture to watch the video.



10:30am-11:00am
Reading/writing activity or a maths
activity.



Reading and writing activities:

There is one writing task to do, which will follow. But practice writing phonics words everyday!

Read everyday!

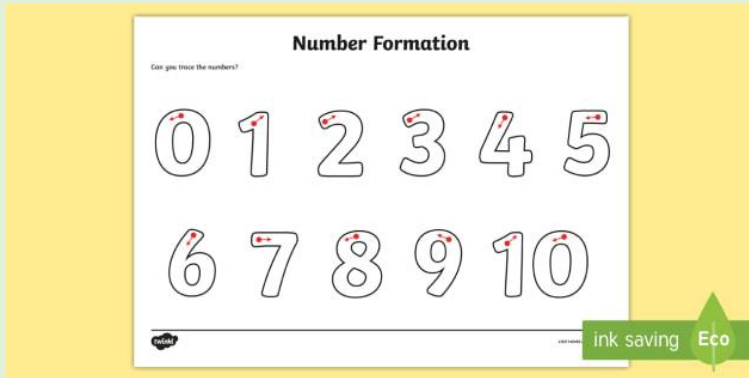


- Your login details are: **Username:** Ukengage **Password:** books

Maths activities:

Number:

Reading and writing numbers
0-10.



Can you count out the amounts
to match the number?

Example: Count 8 sweets.

Shape:

Build some shapes.
Draw them.

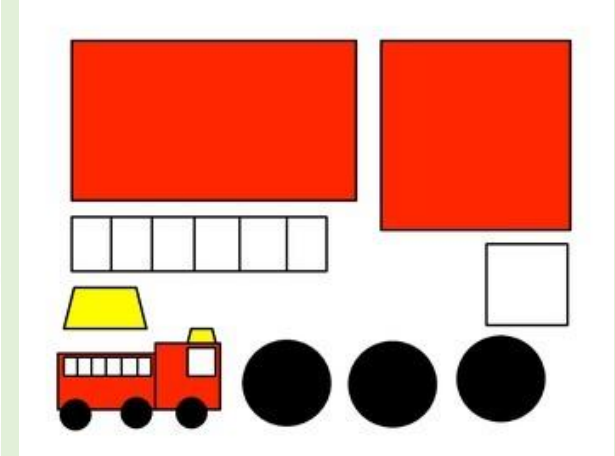


Can you find these shapes in
your home?



11:00am-
12:00am
Free
choosing...

Some fun ideas you could do
are...



12:00-1:00pm
lunch time!



Wash your hands!

Make lunch together, what
new skills can you learn?





1:00pm-1:30pm
Art and drawing

1:30pm-2:00pm

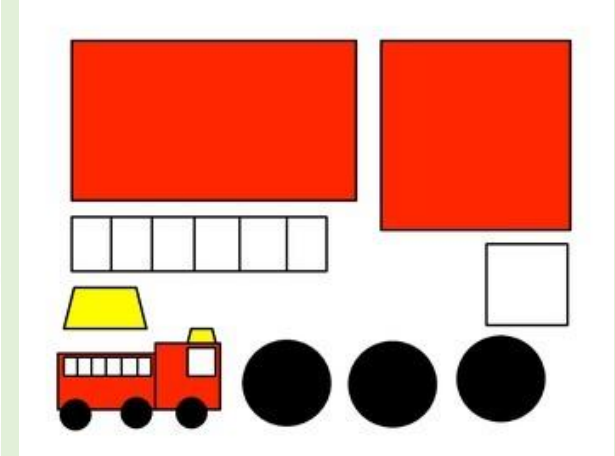
Do something together.

Can you help to tidy? Fold the clothes? Put things away?
Maybe you can read, play a game, or dance.



11:00am-
12:00am
Free
choosing...

Some fun ideas you could do
are...



3:00pm-3:30pm

Do some singing/dancing! Just have fun!

Maybe you can explore outside. Remember your mask and always stay safe!

