

A group of about eight children are lying on their stomachs on a green lawn. They are all smiling and looking towards the camera. Several of them are giving thumbs up, and one is making a peace sign. The children are dressed in casual clothing like t-shirts, hoodies, and shorts. One boy in the foreground is wearing a black Vans cap with 'VANS OFF THE WALL' written on it. The overall mood is happy and energetic.

# JCA

*Let the adventure  
begin...*

**Year 6 JCA Residential – Parent Meeting  
Tuesday 1<sup>st</sup> - 4<sup>th</sup> October 2019**

**Rookesbury Park**



# Welcome to JCA

JCA (**Junior Choice Adventure**) are leading providers of school activity courses in the UK, with over 20 years' experience providing quality residential trips. Operating from 5 centres across the country, they deliver high quality educational experiences that meet the needs of every child.

Their courses encompass a range of outdoor activities to encourage personal development, inspire and motivate learning, independence and build confidence, all in a safe environment.

## Our Staff:

Mrs Natalie Dweh: Trainee Headteacher

Miss Robertson: Year 6 Leader

Mrs Pagarani: Year 6 Teacher

Miss Kumaradevan: Year 6 Teacher

Ms Teju: Year 5 Learning Assistant

Ms Antoni: Welfare Officer

Mr Parekh: Learning Mentor

Miss Hirani: Year 6 Learning Assistant

Mr Hurst: PE Coach

**91 chn from Year 6**

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# The Value of JCA

We believe that learning outside the classroom is essential to a well-rounded education. Our courses focus on engaging students , providing enjoyable learning, and helping to develop life skills, such as:

- Learning to work together as a team
- Achieving personal and team goals
- Increasing self esteem and confidence
- Conquering fears
- Trying new and exciting activities
- Experiencing living away from home
- Revealing undiscovered strengths
- Respecting and valuing each others abilities
- Solving problems and taking responsibility





# Electronic Devices & Food

- We ask you do NOT send your child with any electronic devices such as cameras, games and phones. We cannot be held responsible for any loss, theft or damage if that does happen. Disposable cameras are fine.
- You may pack a few dry snacks for your child to bring such as crisps, biscuits, sweets to enjoy in their dorms during down time. Please do NOT pack any fizzy drinks, chocolate, fruit or ANYTHING ELSE which is perishable.
- We cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewellery - at home.



# Medication:

- Medication of any description has to be handed to Mrs Dweh or Miss Robertson on the morning of the residential. It must be in its original packaging with a label stating the child's FULL NAME, CLASS AND WHEN AND HOW MUCH TO GIVE.
- If it doesn't have all of the required information, we will not be able to administer it.

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# Spending Money:



Please do not send any more than £5 in a NAMED ENVELOPE for spending money. We will not be able to accept any money in loose change or that is not in a named bag/wallet/envelope. Teachers will collect the children's spending money and give out on their shop days!



# Departure: Tuesday 1<sup>st</sup> October 2019

You will bring your child to school as normal at 8.45am (Yes, with their homework!) and their suitcase and take them through the car park and into the sports hall through either of the two fire exits (where they are dismissed from when there is bad weather.)

They will store their suitcases there, that is when you can hand over any medication and say your goodbyes.

We shall be departing at around 10/10.30am.

Children will need a packed lunch for the journey. If your child has school dinners, on that day please send them with a **PACKED LUNCH** on that day alone.



Please ensure your child is able to pull/handle their own suitcase as they will be responsible for it the entire 4 days.



# Arrival: Friday 4<sup>th</sup> October 2019

We will be arriving back on the Friday at approximately 2.30/3pm. You will be sent a text to remind you when we are on our way back. We will be waiting with your children by the grass on Chaplin Road opposite the clinic.

**Please be on time to collect your child.** Collect them and please let the teachers know you have your child before leaving.

If you wish for them to walk home alone after the residential please provide your child's class teacher with a written letter before we leave.







## Contact:

We have a copy of all of your contact details with us. If you need to contact us in case of an emergency, please email [admin@barham.brent.sch.uk](mailto:admin@barham.brent.sch.uk). The email will be checked three times a day and we can be informed.

We will be updating Twitter regularly throughout each day so please keep checking the website for pictures and videos of your child!



# Why Choose JCA?

- We have been perfecting our centres and activities for 20 years.
- Unique to JCA, one dedicated and multi-skilled instructor spends the week with each group; building confidence, trust and support.
- We only employ and train the best - dedicated, motivated, fun and caring staff.
- Full board accommodation, insurance and all equipment is included.
- We offer an easy payment plan and savings cards to budget for the trip.
- We are fully bonded members of ABTA, guaranteeing protection.
- All our centres are fully certified with an LOTC Badge
- Our team is dedicated to improving the development and learning of children.





# National Curriculum Coverage

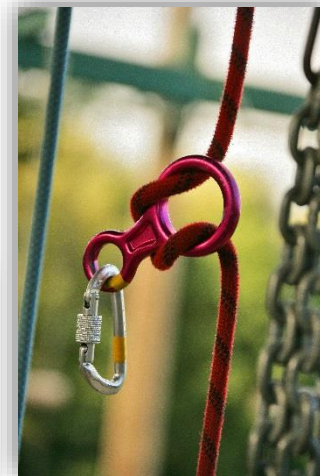
Our programmes are linked to the Key Stages 2, 3 and 4 of the National Curriculum. Our standard Action and Adventure programme offers the opportunity to cover aspects of:

- PE
- PSHE
- Literacy
- Science
- Geography
- Citizenship
- Design & Technology
- Maths



# Safety Is Our Top Priority

- All of our centres are Health and Safety compliant.
- Our Safety Management System has been externally inspected and verified.
- First-Aid Kits are taken on all activity sessions.
- Centre Activity Managers hold the Emergency First Aid at Work Accreditation.
- Daily safety and equipment checks are carried out
- Thorough Risk Assessments have been conducted.
- All staff are DBS checked.





# Governing Bodies and Accreditations

JCA are governed by, affiliated to and accredited with:

- British Activity Providers Association (BAPA)
- Registered Body with the Disclosure and Barring Service (DBS)
- Institute for Outdoor Learning (IOL)
- Association of British Travel Agents (ABTA)
- Learning Outside the Classroom (LOtC)
- Adventure Mark (AAIAC)
- Investor in People



Institute for Outdoor Learning

Quality Badge awarded by



INVESTORS  
IN PEOPLE



**ABTA**  
The Travel Association

# The Residential Includes:

- Full board accommodation
- Full activity programme
- Full holiday insurance
- Evening entertainment programme
- Achievement certificates
- Dedicated multi-trained instructors for the duration of your holiday to reach their full potential through trust and support

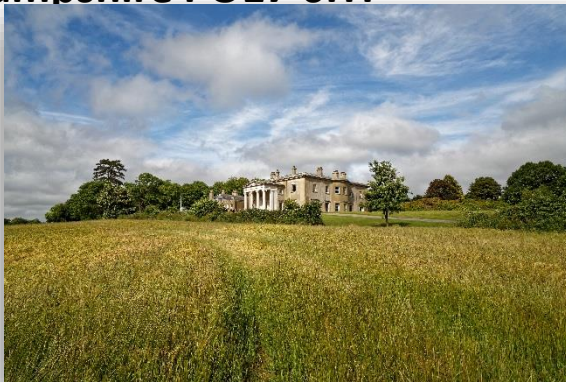




# Rookesbury Park



Rookesbury House is a stunning former stately home situated amidst a 2000 acre private estate. The house is a grade II listed mansion with 500 acres of forestry and lakes and views across the Meon Valley Countryside. You can be sure of a secure and calming setting at this former prestigious boarding school. Address: **Rookesbury Park Activity Centre, Wiskham Hampshire PO17 6HT**





# Facilities



Water Sports Lake



Indoor Hall



Outdoor Pool



Sports Courts



Dining room



Kids Common Room





# Activities

A complete list of activities to choose from at Rookesbury Park can also be found on our website:

- Abseiling
- Archery
- Buggy Building
- Busted
- Circus Skills
- Climbing
- Campfire
- Dance Mania
- Disco
- Egg Protector
- Fencing
- Giant Cluedo
- Initiative Exercises
- League Toppers
- Low Ropes
- Mini Olympics
- Orienteering
- Raft Building
- Rocket Launch
- Run around quiz
- Sensory Trail
- Sit on top Kayaking
- Survival
- Team Challenge

# Activity Timetable:



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## ACTIVITY TIMETABLE

Centre: Rookesbury Park

School: Barham Primary

Date: 1/10/19

		Monday		Tuesday				Wednesday				Thursday				Friday	
		3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2
Instructor	Group	14.00-15.30	15.45-17.15	09.00-10.30	10.45-12.15	14.00-15.30	15.45-17.15	09.00-10.30	10.45-12.15	14.00-15.30	15.45-17.15	09.00-10.30	10.45-12.15	14.00-15.30	15.45-17.15	09.00-10.30	10.45-12.15
	1					ARRIVE	AB	KAYAK	CIRCUS	FENCE	TC	ROCKET	CLIMB	SURV	MINI O	SENSORY	DEPART
	2					ARRIVE	MINI O	AB	TC	SURV	KAYAK	FENCE	SENSORY	CIRCUS	CLIMB	ROCKET	DEPART
	3					ARRIVE	SENSORY	MINI O	AB	CLIMB	FENCE	SURV	KAYAK	ROCKET	TC	CIRCUS	DEPART
	4					ARRIVE	SURV	FENCE	KAYAK	TC	SENSORY	MINI O	CIRCUS	CLIMB	ROCKET	AB	DEPART
	5					ARRIVE	TC	CLIMB	ROCKET	CIRCUS	AB	SENSORY	SURV	FENCE	KAYAK	MINI O	DEPART
	6					ARRIVE	CLIMB	TC	SENSORY	KAYAK	CIRCUS	AB	ROCKET	MINI O	SURV	FENCE	DEPART
	7					ARRIVE											DEPART
	8					ARRIVE											DEPART
	9					ARRIVE											DEPART
	10					ARRIVE											DEPART
	11					ARRIVE											DEPART

Evening Ents.

RAQ

FIRE

DISCO



Let the adventure  
begin...



# Home away from home

- All residential room share warm, comfortable and 100% secure.
- Girls and boys sleep in separate areas and teachers rooms are located close by to allow for plenty of close supervision. Accommodation comprises of dormitory style rooms holding 6 to 12 beds per room, and shared bathroom facilities close by.
- **All bedding is provided by the centre** - one of the very first tasks for all students is making up their own beds!
- Separate showers and toilet facilities are available for girls and boys.

**CHILDREN CHOSE THEIR BEDROOM PARTNERS.**



# Food glorious food!

**It's important for students to maintain high energy levels throughout their stay, so 3 freshly-prepared, healthy cafeteria-style meals are served in the communal dining area every day.**

A varied choice is always offered, with both hot and cold meals, a salad bar, at least one vegetarian option and yes, sometimes even chips!

Plenty of juice and water is available at all times.

Dietary requirements can be catered for as long as we are told in advance - forms will be issued to the group prior to your visit for this purpose and to establish any medical needs.







# It's all in a day

**Breakfast between 7.30am and 9am**

- **First activities start around 9.15am**
- **10 minute juice break at around 10.45am**

**2<sup>nd</sup> activity starts around 11am**

- **Lunch time allocation between 12pm and 2pm**
- **A full afternoon of activities**
- **10 minute juice break at around 3.45pm**

**3<sup>rd</sup> activity**

- **Evening meal time allocation between 6pm and 7pm**
- **Evening entertainment from 7pm onwards, talent shows and camp fires**
- **Lights out by 10/10.30pm**

**The group has chosen their preferred activities prior to the trip and the centre has created a programme to meet**

**all of their specific objectives, needs and learning outcomes.**

- **Approx.4-5 sessions per day plus one final evening session.**
- **Group sizes of no more than 15 plus a fully qualified instructor and an adult from school.**
- **Students encouraged and praised during activities but are NEVER forced to take part if they are not comfortable doing so.**

**While other groups will also be present on centre during your stay, all programmes and activities are conducted separately, unless otherwise stated.**



# Activities



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# Sample Itinerary

Here is an example itinerary has been outlined to show how the day is structured. The children have chosen their activity preferences and an individual programme will be created to suit our needs.

	Morning Wake up		Afternoon		Evening
Sessions	1	2	3	4	5
Monday	Travel to Rookesbury Park		Intro Tour	Archery	Giant Cluedo
Tuesday	Buggy Build	Climbing	Abseiling	Fencing	Run Around Quiz
Wednesday	Orienteering	Survival	Rocket Launch	Kayaking	Camp Fire
Thursday	Sensory Trail	Initiative Exercises	Dance Mania	Low Ropes	Cluedo
Friday	Team Challenge		Travel back to school		

# Any questions?

We will continue to upload photos and provide information about the experience whilst we are there. All parents will be updated via school twitter feed on our school website and via school text messaging service. [admin@Barham.brent.sch.uk](mailto:admin@Barham.brent.sch.uk)



*"...we've had a phenomenal time thanks to everyone at JCA. The children have taken away memories that will last a lifetime..."*

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