

**Year 6 Residential - PGL Little
Canada, Isle of Wight
Friday 30th June – 3rd July 2017**



OUR STAFF

Year 6 Trip:

Ms Barhum: Assistant Head

Ms Gold: Year 6 Leader

Ms McConway: Year 6 Teacher

Ms Smith: Teaching Assistant

Mr Parekh: Teaching Assistant

Ms Adam: Sports Apprentice



The Residential Experience

Young people get so much more out of a residential visit than just having a lot of fun. The benefits gained are immense, and most will develop new life-skills without even realising they're learning.

- Increasing confidence in themselves and their own abilities
- Developing new friendships and strengthening existing ones
- Trying new activities and igniting interest in new hobbies
- Experiencing the camaraderie of an overnight stay and an experience shared
- Development of a healthy sense of self awareness and empathy for others and their environment
- Increasing concentration, listening skills and attention span
- Greater respect for those – both teachers and peers alike – who have shared the same journey
- Accepting challenges and overcoming fears



It's all in a day

PGL day runs as follows:

- Breakfast between 7.30am and 9am
- First activities start around 9.15am
- 10 minute juice break at around 10.45am
- 2nd activity starts around 11am
- Lunch time allocation between 12pm and 2pm
- A full afternoon of activities
- 10 minute juice break at around 3.45pm
- 3rd activity
- Evening meal time allocation between 6pm and 7pm
- Evening entertainment from 7pm onwards, talent shows and camp fires
- Lights out by 10.30pm



The group has chosen their preferred activities prior to the trip and the centre has created a programme to meet all of their specific objectives, needs and learning outcomes.

- Approx.4-6 sessions per day plus one final evening session.
- Group sizes of no more than 15 plus a fully qualified instructor and an adult from school.
- Students encouraged and praised during activities but are NEVER forced to take part if they are not comfortable doing so.

While other groups will also be present on centre during your stay, all programmes and activities are conducted separately, unless otherwise stated.



Home away from home



- All residential log cabins are warm, comfortable and 100% secure.
- Girls and boys sleep in separate areas and teachers rooms are located close by to allow for plenty of close supervision.
- **All bedding is provided by the centre** - one of the very first tasks for all students is making up their own beds!
- Separate showers and toilet facilities are available for girls and boys. All rooms come with en-suite facilities.

We cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewelry - at home. A clearly named disposable camera is acceptable.



Food glorious food!

It's important for students to maintain high energy levels throughout their stay, so 3 freshly-prepared, healthy cafeteria-style meals are served in the communal dining area every day.

A varied choice is always offered, with both hot and cold meals, a salad bar, at least one vegetarian option and yes, sometimes even chips!

Plenty of juice and water is available at all times.

Dietary requirements can be catered for as long as we are told in advance - forms will be issued to the group prior to your visit for this purpose and to establish any medical needs.



Bedtime routine

To finish off each day, hot chocolate is served before students return to their log cabins. Plenty of sleep is required to recharge the batteries, so lights are usually turned out by 10:30pm.



Safety & Wellbeing

We know how nerve-wracking it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.

Our policies and procedures are designed to make sure we adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aiders on centre 24/7

All Centre staff are fully DBS checked and are trained to take responsibility for the well-being of the children in their care. We have found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk.

We create a warm, supportive environment for children so they quickly feel at home and our activities are progressive, allowing students to join in at whatever level they're comfortable with.



PGL: Little Canada – Isle of Wight

Set amongst 48-acres of outstanding educational, adventure and sports facilities in the Isle of Wight, Wootton—a former army camp and then Pontins Holiday Centre – offers young people a unique learning experience and some of the UK's most exciting adventure activities.



TRAVEL TIMINGS - APPROXIMATELY

All year 6 children will be:

Leaving:

FRIDAY 30th JUNE - Leave school by coach at 7.30am and will be at the Centre between 11.45am and 12 midday. Please ensure your child gets to school NO later than 7.20am so that they can be registered and bags can be labeled before we leave. All children will need to bring a packed lunch that will be eaten on the ferry.

Returning:

MONDAY 3rd July - Leave Centre by coach around 13.15pm we will return to school between 5.30pm. Please ensure that YOU collect your children on time when we get back to school.

THANK YOU



Reminder - Payments

All payments should be complete by now. We are aware that some payments have not been made in full yet. Ms Patel has extended the payment date until the end of June. Please ensure that all payments are made before then.



Kit List for PGL:

Clothing: Clothing should be old	Other Essentials:
<ul style="list-style-type: none"> • Nightwear • Underwear • Socks, including over ankle length • 2 or more fleeces/Sweatshirts • 3 T-shirts • 1 Long sleeved T-Shirt • 3 pairs of old trousers (not jeans) 2 for activities, one for evening • 2 pairs of shorts • 2 pairs of trainers (1 for wet activities) • 1 pair of shoes or trainers for indoors • Waterproof jackets • Baseball cap/Hat • Swimwear • 1 set of Disco Clothes 	<ul style="list-style-type: none"> • Wash bag (soap, toothpaste & toothbrush) • 2 Large towels • Torch & batteries • Plastic bottle for drinks • Sunscreen • Pen & paper • Small Bag/Rucksack • Labelled plastic bags/bin liners (for wet items)
<p>Do NOT Bring:</p> <ul style="list-style-type: none"> • Mobile Phones and other Valuables • Electrical Appliances • Jewellery (all should be removed, including religious jewellery) <p>We strongly recommend that you do send your children with any other valuable items.</p>	<p>Please limit luggage to one case/bag per child and one item of hand luggage for a packed lunch which will be needed on the journey. All essential activity and safety equipment is provided, but guests will need personal clothing, footwear and wash bag and towel. Brand new and expensive items should be left at home. Old, casual and easily washable clothes are highly recommended. Jeans are impractical for activities as they provide no warmth when wet and are difficult to dry.</p>





We will continue to upload photos and provide information about the experience whilst we are there. All parents will be updated via school twitter feed on our school website and via school text massaging service.

www.barhamprimary.co.uk

Thank you for listening
Any questions?