

**WEEK 1**  
Spring/Summer 2026  
13/04/26, 04/05/26, 25/05/26,  
15/06/26, 06/07/26, 27/07/26,  
17/08/26, 07/09/26, 28/09/26,  
19/10/26

# LUNCHTIME

## Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE  
PRIMARY  
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Tomato and Basil  
Chicken with Rice  
and Vegetable Sticks

Chinese Chicken,  
Rice, Broccoli  
and Sweetcorn

Roast Chicken,  
Skin on Roasties, Gravy  
with Carrots and Peas

Mild Chili con carne  
with Rice  
and Mixed Greens

Southern Fried  
Chicken Fillet with  
Chips, Baked Beans  
and Peas



Mixed Bean Chilli  
with Wedges  
and Vegetable Sticks

Chinese Veggie Stir Fry  
with Rice, Broccoli  
and Sweetcorn

Roast Vegetable Hot Pot,  
Skin on Roasties, Gravy,  
Carrots and Peas

Vegetable Bean  
Chilli with Rice  
and Mixed Greens

Veggie Bean Patty  
with Chips, Baked Beans  
and Peas



**Crispy Skin Jacket Potato**  
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Chocolate  
Orange Cookie

Strawberry Jelly

Peach Muffin

Chocolate  
Shortbread

Banana Bread



**TOPPED SPAGHETTI**  
WITH HOMEMADE  
TOMATO SAUCE

**WEEK 2**  
Spring/Summer 2026  
20/04/26, 11/05/26, 01/06/26,  
22/06/26, 13/07/26, 03/08/26,  
24/08/26, 14/09/26, 05/10/26

# LUNCHTIME

## Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE  
PRIMARY  
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Loaded Cajun Beef & Corn Potato Wedges and Vegetable Sticks

Chicken and Veg Masala Curry with Rice, Green Beans and Sweetcorn

Roast Gammon, Skin on Roasties, Gravy with Carrots and Cabbage

Mexican Chicken with Paprika Rice and Mixed Salad

Southern Fried Chicken Fillet with Chips, Peas and Baked Beans



Green Veg & Butter Bean Stew with Wedges and Vegetable Sticks

Sweet Potato & Chickpea Balti with Rice, Green Beans and Sweetcorn

Tomato & Bean Layer Bake, Skin on Roasties, Gravy, Carrots and Cabbage

Mexican Veggie Stew with Paprika Rice and Mixed Salad

Veggie Bean Patty with Chips, Peas and Baked Beans



**Crispy Skin Jacket Potato**  
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Lemon Cookie

Orange Jelly

Apple Muffins

Peach Crumble

Brownie



**TOPPED SPAGHETTI**  
WITH HOMEMADE TOMATO SAUCE

# FOOD FESTIVAL

By Aspens

WEEK 3

Spring/Summer 2026

27/04/26, 18/05/26, 08/06/26,  
29/06/26, 20/07/26, 10/08/26,  
31/08/26, 21/09/26, 12/10/26

# LUNCHTIME

## Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE  
PRIMARY  
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Loaded Cajun Beef & Corn Potato Wedges and Vegetable Sticks

Swedish Meatballs with Mash, Sweetcorn and Cabbage

Roast Pork, Skin on Roasties with Gravy, Carrots and Green Beans

Jerk Chicken with Rice and Mixed Greens

Southern Fried Chicken Fillet with Chips, Peas and Baked Beans



Sweet Potato Wedges with Sweet Chilli Roasted Veggies and Vegetable Sticks

Vegetable Ratatouille with Mash, Sweetcorn and Cabbage

Roast Vegetable Hot Pot, Skin on Roasties, Gravy and Roasted Roots

Sweet Potato Coconut Bean Stew with Rice and Mixed Greens

Veggie Bean Patty with Chips, Peas and Baked Beans



**Crispy Skin Jacket Potato**  
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Shortbread

Raspberry Jelly

Pear Spiced Muffin

Fruit Salad

Coco Cookies



**TOPPED SPAGHETTI**  
WITH HOMEMADE  
TOMATO SAUCE